

Research and Innovation Newsletter

September 2024 | Issue 45

A note from the Head of R&I



We have had another great month and it is soon to be Halloween! This month has been a fantastic month for staff involvement in numerous collaborations and research outputs.

We began the month by gathering together at the R&I team building day which was kindly hosted by York Medical Society. We bid a fond farewell to both Richard and Siobhan, we wish the best in their new roles. Thank you to everybody who could attend the team building day and providing valuable feedback about the department and for partaking in the SWOT analysis which will be distributed shortly.

Huge congratulations to Felix Harmer (Research Nurse), Harriet Cresswell (SLT Therapist), and Amelia Brynn (Trainee BMS) who have excelled themselves to receive the NIHR INSIGHT award. The award provides masters places and funds training and development to undertake research.

Finally, I would like to remind you that our new Research Clinic Room opens on the 24th of October at Scarborough Hospital. Thank you to everybody that has been involved throughout the process of securing and developing the space, it has been a monumental collaborative effort between staff, charities, and the Trust.

- Lydia Harris

New Research Clinic Room at SGH

The new Research Clinic Room opens on the 24th of October. Come along to the Scarborough PGR Discussion Room, or the Research Clinic Room next to UECC between 11:00 am and 1:30 pm.

We will be showcasing our research, and the journey of setting up Scarborough Coastal Health and Care Research Collaborative (SHARC) which aims to tackle health inequalities within coastal and rural regions.



Care Group Research Leads

Medicines York - [Dr Luke Bridge](#) (Deputy [Dr Chris Hayes](#))

Surgery and Family Health - [Dr Joe Carter](#) & [Dr Michael Lim](#) (Surgery) [Dr Dominic Smith](#) & [Dr Leila Fahel](#) (Family Health)

Cancer, Specialist & Clinical Support Services - [Mr Pouya Alaghaband](#) & [Dr Bhavani Rengabashyam](#)

Head of AHP Research - [Dr Fran Butler](#)
Lead Research Nurse and Head of Nursing Research - [Cate Laven](#)

Clinical Lead for SHARC - [Dr Phil Dickinson](#)
Scarborough Research Lead - [Dr Adil Hazara](#)
Clinical Director of Research & Innovation - [Professor James Turvill](#)

[01904 726996](tel:01904726996)

Contact Us



yhs-tr.research.governance@nhs.net

www.research.yorkhospitals.nhs.uk/

[@YorkResearch](https://twitter.com/YorkResearch)

FUNDING OPPORTUNITIES, GRANTS, AND SCHEMES

NIHR 2025 Academic Clinical Fellowships in Medicine – This is a clinical specialty training post in medicine that incorporates academic training. The post has a standard duration of 3 years (up to 4 years for GPs). As an ACF you will have access to Masters-level research training to develop academic skills and spend 25% of your time in research or educationalist training. Closes: 31st March 2026 For more information follow this [link](#).

NIHR Public Health Research Programme (Future Topics) – The NIHR are due to release their Public Health Research Programmes, which will consider: unstructured physical activity for children, interventions to reduce violence, citizens advice, children and young people's mental health, health impacts of messages in the media, community wealth (assets) building, and coastal details. The programmes are released on November 28th 2024. For more information follow this [link](#).

York St John University Research Backfill – York St John University's Institute for Health and Care Improvement is providing practitioner backfill funding up to £5,000, to support the delivery of a short-term collaborative research project. To express your interest in this please contact Cameron via [e-mail](#).

NIHR Pre-Application Support Fund – The Pre-Application Support Fund provides extra support to those who need it to enhance their chances of making a successful application to an NIHR career development scheme in the future. This scheme is open to those that require additional support to prepare an application for NIHR career development funding. This closes on November 28th 2025. More information can be found [here](#).

NIHR Call for Research to Accelerate Action on Preventing Poor Health Outcomes – The NIHR has released its catalogue of themes calls which focus on a shift from treatment of illness to prevention. The NIHR has partnered with the Department of Health and Social Care and released its calls for areas of research interest. These calls can be found [here](#).

TRAINING, DEVELOPMENT, AND JOB OPPORTUNITIES

Integrated Clinical and Practitioner Academic Internship – Hosted by Sheffield Hallam University on behalf of NHS England in the North East and Yorkshire, the Integrated Clinical and Practitioner Academic Internship scheme is now open for applications for the next intake which will commence on 5th February 2025 and complete in October 2025. For more information about the scheme and to apply please use this [link](#).

NIHR Doctoral Clinical and Practitioner Academic Fellowship – The Doctoral Clinical and Practitioner Academic Fellowship (DCAF) scheme funds registered health and care professionals (excluding doctors and dentists) to undertake a PhD by research and, concurrently, to undertake further professional development and practice. The scheme, which runs twice a year is part of the NIHR Integrated Clinical and Practitioner Academic (ICA) Programme. The deadline for applications is November 14th. For more information about the scheme use this [link](#).

NIHR PI Oversight Masterclass Webinar – NIHR Yorkshire and Humber Regional Research Delivery Network are delivering a PI Oversight Masterclass. This is designed for PIs to offer practical solutions to enhance study oversight and management. The session will be from 9 am - 11:30 am on 20th of November and can be booked directly through your NIHR Learn account. Follow this [link](#) for more information.

NIHR Informed Consent Training Webinar – The NIHR Yorkshire and Humber Regional Research Delivery Network (previously the CRN) are delivering a virtual workshop on Informed Consent. This Introduction to Informed Consent session is suitable for those working with participants engaged in research activity who may not be directly cared for in a clinical or hospital setting. The session will be from 9 am - 12:30 pm on 19th of November and can be booked directly through your NIHR Learn account free of charge. Follow this [link](#) for more information.

Mobilising Early Years Research for a Brighter Future Insights from the BSBIH: Health, nutrition and green space – Aimed at those interested in children's health, nutrition, and access to green space, The Better Start Bradford Innovation Hub are running a webinar to showcase the results from BaBi Bradford's Better Start Programme. To get tickets to the zoom webinar on Nov 19th please use this [link](#).

News

Paul Brittain attended the Action on Smoking and Health inaugural meeting in Parliament to back the Tobacco and Vapes Bill this month. Smoking survivors and bereaved families heard from the Minister for Public Health on the Government's bold plans to create a Smokefree country. This includes re-introducing the Tobacco and Vapes Bill to Parliament which will raise the age of sale annually, ensuring no one born after 2009 will ever be legally be sold tobacco, alongside measures to curb youth vaping.

Paul has previously spoken on the benefits of stopping smoking following his participation in the Trust's Swap and Stop scheme for two years. The press release from the event can be read [here](#), and Paul's interview with the BBC in August can be read [here](#).



Team Building

We had our team building day which was a success. The day saw the team come together and celebrate our achievements, but discuss how we can go forward as a team. Thank you to the York Medical Society who hosted us on the day. The team building day was successful and brought out the competitive spirit of everyone who attended the games at Roxy Ballroom after.



Recent Grant Submissions

NIHR DSE - High volume OR Low volume injection AND Physiotherapist delivered treatment OR Self-directed exercise programme for frozen shoulder: A randomised controlled pilot study with a 2x2 factorial design and embedded qualitative study. Gareth Whelan. £289,411.00

NIHR RfPB - Standardisation and Piloting (randomised feasibility trial with process evaluation) of Community Appointment Days (CAD) – a Community-Centred Approach to Musculoskeletal Care. Matt Bowes. £299,326.43

Yorkshire Coast Community Research Network with Coast and Vale Community Action (CaVCA) VCSE we work with in Scarborough Coastal Health and Care Research Collaborative (SHARC). We are a collaborator and will support the training of a Research Fellow that will be appointed as part of this bid. £997,448.

NIHR DSE - Utilising the Cord Blood Donation Facility at YSTH to gain a better understanding of hematopoietic stem cells through biomedical research-2-year whole time equivalent plus £9,000.00 expenses. Leila Fahey.

NIHR HTA - ICalM- Intra-operative Calcium to reduce Maternal Haemorrhage during elective caesarean section: A Triple-Blinded Randomised Placebo Control Pilot Trial. Dr Mo Williams. £1,529,504.14

News

Welcome to both Dr Fran Butler and Dr Adil Hazara. Fran is the new Head of AHP Research and completed her PhD on Behaviour Change in Self-Management in Pulmonary Rehabilitation in 2023. Fran has works in the trust as a Clinical Specialist Physiotherapist. She leads the service for respiratory outpatients and Pulmonary Rehabilitation across sites within York and Scarborough Teaching Hospitals NHS Foundation Trust. Working as an autonomous practitioner with clinical expertise in the assessment and management of adults with respiratory disease.

Adil is the new Research Lead for Scarborough Hospital and completed his PhD on the feasibility of a novel transitional regime of incremental haemodialysis. Adil is a Consultant Physician in Renal Medicine for in and outpatients.



Publications

Congratulations to Staff Nurse, Sharoon Shahzad who published their international collaborative work on moral distress and self-awareness among health care professionals in the HEC forum. You can read the publication [here](#).

Congratulations to Consultant Medical Oncologist, Dr Andrew Proctor, who published his work with the health economics team at The University of York. The work evaluated the socioeconomic inequalities in waiting times for breast cancer surgery. You can read the publication [here](#).

[July 2024 Publication List](#)



NIHR Webinars

NIHR Associate PI Scheme Webinar– The NIHR are hosting their 'Launching your Research Career' webinar on November 19th 2024 from 9:00-12:00, for those who wish to attend virtually sign up at this [link](#).

NIHR Impact Prize – Applications to the first NIHR Impact prize award are opening on October 3rd, to nominate yourself and your team, and to attend a webinar on the prize follow this [link](#).

Have something you want to include?

If you have something you wish to include, such as an award you have won, a research spotlight article, or a research event you think would like to include in the staff newsletter please contact Cam either by e-mail or drop him a message over teams.